

HOW TO DEAL WITH FEAR

Ps. 56:1-13

1. We Serve a God Who Understands Our Fears

Be merciful to me, O God, for man would swallow me up; fighting all day he oppresses me. My enemies would hound me all day, for there are many who fight against me, O Most High. Whenever I am afraid, I will trust in You. In God (I will praise His word), in God I have put my trust; I will not fear. What can flesh do to me? Ps 56: 1-4 (NKJ)

FEAR IS A NATURAL RESPONSE TO CONSTANT OPPOSITION.

- A. There is a holy fear.
- B. There is a negative fear.

2. FAITH IS THE SPIRITUAL RESPONSE TO HUMAN FEARS.

- A. God will provide (Isa 41:10)
- B. God is my comfort (Rom 8:35-38).
- C. God is on my side (Matt 1:22-23).
- D. God is my peace (Isa 9:6, John 20:19).

3. FAITH IN GOD REQUIRES AN ACTIVE COMMITMENT FROM EVERY BELIEVER

All day they twist my words; all their thoughts are against me for evil. They gather together, they hide, they mark my steps, when they lie in wait for my life. Shall they escape by iniquity? In anger cast down the peoples, O God! You number my wanderings; put my tears into Your bottle; are they not in Your book? When I cry out to You, then my enemies will turn back; this I know, because God is for me. In God (I will praise His word), in the LORD (I will praise His word), In God I have put my trust; I will not be afraid. What can man do to me? Ps 56:5-11 (NKJ)

- 1. Fear is one of Satan's primary weapons (2 Tim. 1:5-7).
- 2. Fear must be identified before God can intervene (Jer. 18:1-6).
- 3. Faith in the power of prayer is the path to deliverance (Phil. 4:6).

4. THANKSGIVING IS THE ONLY WAY TO PRAISE GOD FOR VICTORY OVER FEAR

Vows made to You are binding upon me, O God; I will render praises to You, For You have delivered my soul from death. Have You not kept my feet from falling, that I may walk before God in the light of the living? Ps 56:12-13 (NKJ)

Thanksgiving reminds us God will keep His Word